



**ROKER REGATTA 2008
SUNDERLAND YACHT CLUB
23rd to 25th August 08**

Sailing Instructions (Provisional)

[May be subject to change – official event SI's will be available at registration]

1.0 Rules

The regatta will be governed by The Racing Rules of Sailing (RRS), the prescription of the RYA and the rules of the appropriate classes, except as any of these are changed or amended by these sailing instructions.

2.0 Conditions of Entry

2.1 Boats registered to enter the regatta having paid the £20.00 entry fee.

2.3 Where provided, all skippers must complete a Declaration of Safety Equipment.

2.4 As a minimum, each boat entering the Regatta shall carry the safety equipment as described in NESS Inshore Recommendations 2007.

2.6 Boats may be inspected before or after the race at the discretion of the Committee.

3.0 Notice to Competitors:

Notices to competitors will be posted on the official notice board located at the bottom of the stairs in the clubhouse.

4.0 Changes to Sailing Instructions:

Any changes to Sailing Instructions will be posted at least 60 minutes before the advertised starting time of the first race of the day. Each competitor is responsible for acquainting himself/herself with amendments or additions to these Sailing Instructions. Attention will be drawn to such by displaying IC flag 'L' accompanied by two sound signals.

5.0 Signals Made Ashore:

5.1 Signals made ashore will be displayed on the club flagpole.

5.2 Add to meaning of flag AP in "Race Signals": flag AP displayed ashore with two sound signals, (one when lowered), means "The race is Postponed." The warning signal will be made not less than 60 minutes after AP is lowered.

6.0 Schedule of Races:

Saturday 23rd August: 2 Races are Scheduled, First Warning Signal:

Class 1 & Sports Boats	12:55
Class 2	13:00
Class 3 & 4	13:05

Race 2 - as soon as possible after finish of Race 1

Sunday 24th August: 2 Races are Scheduled, First Warning Signal:

Class 1 & Sports Boats	10:55
Class 2	11:00
Class 3 & 4	11:05

Race 4 – as soon as possible after finish of Race 3

Monday 25th August: 1 Race is Scheduled, First Warning Signal:

Class 1 & Sports Boats	10:55
Class 2	11:00
Class 3 & 4	11:05

Times shown are times of warning signals.

7.0 Class Flags

7.1 Class 1 & Sports Boats: Warning flag will be numeral pennant number 1

7.2 Class 2: Warning flag will be numeral pennant number 2

7.3 Class 3: Warning flag will be numeral pennant number 3

7.4 Class 4: Warning flag will be numeral pennant number 4

8.0 Racing Area

8.1 Racing will take place at sea in Whitburn Bay. Competitors should note that the starting line could be up to three miles from the marina entrance

9.0 The Course

9.1 The course option will be displayed at SYC or on the committee boat prior to the first warning signal. The course displayed from the committee boat will be final.

9.2 The diagrams in Appendix 1, shows the courses and the order in which marks are to be passed, and the side on which the mark is to be left. Competitors must not sail through the start line / lapping & finish gate on the downwind leg.

9.3 The approximate magnetic bearing of mark 1 from the committee boat may be displayed before the warning signal.

9.4 Course marks are described in Appendix 1 & 2. The start mark will be an orange sphere, or a RIB, with an orange flag.

10.0 The Start

10.1 Races will be started in accordance with RRS 26, with the warning signal being made 5 minutes before the start signal. Races will be started from the committee boat.

10.2 Starting Penalties – RRS 30 will apply.

10.3 The start line will be between a mast on the committee boat flying an orange flag and the mark as described in SI 9.4. The committee boat may hold station using engines.

10.4 Times to be taken from visual signals; the failure of a sound signal will be disregarded.

10.5 An inner distance mark (yellow/orange sphere) may be laid adjacent to the committee boat, which is a mark of the course and must be left to starboard. The limit mark may not necessarily lie on the start line.

10.6 In the event of the general recall, a new start shall be made for the class concerned. The starts for all succeeding classes shall be postponed accordingly.

11.0 The Finish

11.1 The finish line will be a line between the mast on the committee boat, displaying a blue flag and the mark as described in SI 9.4, or a nearby mark of the course. After the first boat has finished all boats in that fleet shall be finished when they next pass through the finishing gate. Finish times may be calculated using average lap times.

12.0 Time Limit

12.1 For Races 1 & 2 the time limit will be 120 minutes for each class. Boats failing to finish within 30 minutes of the first boat to finish or within the time limit, whichever is later, will be scored DNF. This changes RRS 35.

12.2 For Races 3 & 5 the time limit will be 180 minutes for each class. Boats failing to finish within 40 minutes of the first boat to finish or within the time limit, whichever is later, will be scored DNF. This changes RRS 35.

12.3 For Race 4 the time limit will be 210 minutes for each class. Boats failing to finish within 40 minutes of the first boat to finish or within the time limit, whichever is later, will be scored DNF. This changes RRS 35.

13.0 Protests

13.1 Protests shall be written on forms available from the race office and delivered there before the end of the protest time limit, which will begin 15 minutes after the committee boat has entered the harbour after the last race of the day, and end 45 minutes later.

13.2 Protest notices will be posted within 15 minutes of the protest time limit to inform competitors where and when there is a hearing which they are parties to, or named as a witness.

14.0 Scoring

14.1 Scoring will be in accordance with RRS Appendix A, using the low point system. Ties will be broken in accordance with A8. Average lap times may be used as required.

14.2 Five races are scheduled of which four will count. If fewer than 4 races are sailed all will count.

14.3 Three races are required to be completed to constitute a series.

15.0 Radio Communication

15.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

15.2 The race committee will operate on channel 72.

16.0 Prizes

16.1 Prizes: For boats entering the regatta prizes will be awarded for first in each class. Second and Third prizes may be awarded depending on the entry.

17.0 Insurance

Each boat shall carry Third Party Insurance to the minimum value of £2,000,000, for the duration of the event. Competitors not holding this cover must withdraw their entry.

18.0 Declarations & Safety

18.1 Competitors shall wear life jackets or other adequate personal buoyancy at all times whilst on the water. Failure to do so will result in disqualification from the Regatta. Wet suits or dry suits do not constitute adequate buoyancy.

18.2 The safety of a boat and her entire management, including insurance, shall be the sole responsibility of the owner / person in charge who must ensure that the boat and crew are adequate to face the conditions which may arise in the course of the race. Neither these sailing instructions, nor any inspection of the boat, limits or reduces the absolute responsibility of the owner / person in charge of the crew, the boat and her management. The race organisers shall not be responsible for any material loss, damage, death or personal injury howsoever caused to the owner / person in charge or crew, as a result of their taking part in the race or races. Moreover, every owner / person in charge warrants the suitability of the boat for the race or races. **Competitors' attention is drawn to RRS 4.**

18.3 The River Wear, Sunderland Harbour, and harbour approaches are a commercial waterway. It is emphasised that right of way must be given to commercial craft at all times.